



Pre Surgery Care

- No smoking for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible before the day of surgery.
- A responsible adult must accompany the patient to the office and drive the patient home.
- Plan to rest for the remainder of the surgery day. The patient should not drive a vehicle or operate machinery for 24 hours following the anesthesia experience.
- Please wear loose fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes.
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- Please notify the office if you have an illness, such as a cold, sore throat, stomachache, or bowel upset.
- The use of alcohol or recreational drugs can have an adverse effect on the anesthesia medications that we use. Please discontinue such substances for at least 72 hours before your procedure.
- Do not eat or drink anything after midnight the night before your scheduled sedation surgery.
- Post surgery prescriptions will be given to you at the time of arrival.
- Plan to eat a soft diet for up to seven days following surgery. For the first three days, plan to eat applesauce, jello, pudding, yogurt, oatmeal, etc.
- The anesthesiologist will contact you the day before surgery.