



After Fillings Care

- When an anesthetic has been used, your lips and tongue may be numb for several hours after the appointment. Avoid any chewing and hot beverages until the numbness has completely worn off. It is very easy to bite or burn your tongue or lip while you are numb.
- It is normal to experience some hot, cold & pressure sensitivity after your appointment. Injection sites may also be sore. Ibuprofen (Motrin), Tylenol, or aspirin (one tablet every 3-4 hours as needed for pain) work well to alleviate the tenderness. If pressure sensitivity persists beyond a few days or if the sensitivity to hot or cold increases, contact our office.
- You may chew with your composite fillings as soon as the anesthetic completely wears off since they are fully set when you leave the office.
- If your bite feels uneven or you have persistent pain or any other questions or concerns, please call our dental office in Westerville at 614-682-6213 or our Lewis Center office at 740-739-4240.